



## Ide Hill Primary School Menu for 5th January



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Sausage (1) & Mash GF	Beef Bolognese spaghetti (1) GF	Gammon GF	BBQ chicken and rice GF	Fish (1, 4) and chips GF
<b>Pasta</b> GF VG		Pasta (1) Tomato Sauce Tuna Mayo (4,7)		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
<b>Baked Potato</b> GF VG	Jacket Potato Cheese (9) Tuna mayo (4,7) & Sweetcorn		Jacket Potato Cheese (9) Beans		Jacket Potato Cheese (9) Beans
<b>Side</b>	Peas and carrots	Green beans	Roast potato, broccoli and carrots	Peas and sweetcorn	Beans
<b>Dessert</b>	Lemon drizzle cake (1)	Fruit	Oat cookie (1)	Fruit	Vanilla cookie (1)

### OUR KITCHEN

All our food is prepared in our own kitchen, cooked fresh every day subject to availability. If you need; full ingredient lists & allergen information is available on request. We are a nut free school, however some products are subject to "may contain" status in manufacturing.

- VG Vegan option available
- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit Bread Water Salad

### Allergen Key

1 Gluten	8 Soybeans
2 Crustaceans	9 Milk
3 Molluscs	10 Celery
4 Fish	11 Mustard
5 Peanuts	12 Lupin
6 Nuts	13 Sesame
7 Eggs	14 Sulphur Dioxide



## Ide Hill Primary School Menu for 12th January



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Mac and cheese (1,9) <small>GF</small>	Cheese and pepperoni pinwheel (1,9) <small>GF</small>	Mince beef and yorkshire (7) pudding (1,9) <small>GF</small>	Beef burger in a bun (1) <small>GF</small>	Chicken goujons (1) <small>GF</small>
<b>Pasta</b> <small>GF VG</small>		Pasta (1) Tomato Sauce Tuna Mayo (4,7)		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
<b>Baked Potato</b> <small>GF VG</small>	Jacket Potato Cheese (9) Tuna mayo (4, 7) & Sweetcorn		Jacket Potato Cheese (9) Beans		Jacket Potato Cheese (9) Beans
<b>Side</b>	Sweetcorn	Cubed potato and beans	Potato, cabbage and carrots	Coleslaw (7) and salad	Chips, beans or peas
<b>Dessert</b>	Shortbread (1)	Fruit	Iced sponge (1,7)	Fruit	Homemade Biscuit (1)

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- VG Vegan option available
- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit   Bread   Water   Salad

### Allergen Key

<b>1</b> Gluten	<b>8</b> Soybeans
<b>2</b> Crustaceans	<b>9</b> Milk
<b>3</b> Molluscs	<b>10</b> Celery
<b>4</b> Fish	<b>11</b> Mustard
<b>5</b> Peanuts	<b>12</b> Lupin
<b>6</b> Nuts	<b>13</b> Sesame
<b>7</b> Eggs	<b>14</b> Sulphur Dioxide



## Ide Hill Primary School Menu for 19th Jan



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Fish Cakes (1, 4) <small>GF</small>	Chilli Con Carne and Rice <small>GF</small>	Roast Chicken <small>GF</small>	Cottage Pie <small>GF</small>	Sausage (1) <small>GF</small>
<b>Pasta</b> <small>GF VG</small>		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
<b>Baked Potato</b> <small>GF VG</small>	Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans Tuna mayo (4,7)		Jacket Potato Cheese (9) Baked Beans
<b>Side</b>	Mash potato, peas and corn	Green beans	Potato, brocolli, carrots	Peas and carrots	Chips and beans, or peas
<b>Dessert</b>	Chocolate cookie (1)	Fruit	Homemade Biscuit (1)	Fruit	Ice lolly

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- VG Vegan option available
- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit   Bread   Water   Salad







### Allergen Key

<b>1</b> Gluten	<b>8</b> Soybeans
<b>2</b> Crustaceans	<b>9</b> Milk
<b>3</b> Molluscs	<b>10</b> Celery
<b>4</b> Fish	<b>11</b> Mustard
<b>5</b> Peanuts	<b>12</b> Lupin
<b>6</b> Nuts	<b>13</b> Sesame
<b>7</b> Eggs	<b>14</b> Sulphur Dioxide







## Ide Hill Primary School Menu for 26th Jan



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Tomato and courgette pasta (1,9) 	Chicken pie (1)	Sausage and yorkshire pudding (1,7,9) 	Beef casserole	Fish fingers (1,4) 
<b>Pasta</b>  	<b>Pasta (1)</b> Tomato Sauce Cheese (9) Baked Beans		<b>Pasta (1)</b> Tomato Sauce Cheese (9) Baked Beans		<b>Pasta (1)</b> Tomato Sauce Cheese (9) Tuna mayo (4,7) & Sweetcorn
<b>Baked Potato</b>  		<b>Jacket Potato</b> Cheese (9) Baked Beans		<b>Jacket Potato</b> Cheese (9) Baked Beans	
<b>Side</b>	<b>Green beans</b>	<b>Peas and carrots</b>	<b>Roast potato, broccoli and carrots</b>	<b>Mash potato, cabbage</b>	<b>Chips, beans</b>
<b>Dessert</b>	<b>Homemade cake (1,7)</b>	<b>Fruit</b>	<b>Chocolate cake (1,7)</b>	<b>Fruit</b>	<b>Homemade Biscuit (1)</b>

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-  Vegan option available
-  Puddings: Yoghurt (8), fruit available
-  Gluten Free option available
-  Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit   Bread   Water   Salad

### Allergen Key

<b>1</b> Gluten	<b>8</b> Soybeans
<b>2</b> Crustaceans	<b>9</b> Milk
<b>3</b> Molluscs	<b>10</b> Celery
<b>4</b> Fish	<b>11</b> Mustard
<b>5</b> Peanuts	<b>12</b> Lupin
<b>6</b> Nuts	<b>13</b> Sesame
<b>7</b> Eggs	<b>14</b> Sulphur Dioxide



## Ide Hill Primary School Menu for 2nd Feb



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Cheese and onion pinwheel (1,9) <small>GF</small>	Sweet and sour chicken, rice <small>GF</small>	Roast beef and yorkshire pudding (1,7,9) <small>GF</small>	Beef Bolognese and spaghetti <small>GF</small>	Chicken goujons (1) <small>GF</small>
<b>Pasta</b> <small>GF VG</small>		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
<b>Baked Potato</b> <small>GF VG</small>	Jacket Potato Cheese (9) Baked Beans Tuna mayo (4,7) & Sweetcorn		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans Tuna mayo (4,7)
<b>Side</b>	Potato wedges and sweetcorn	Prawn crackers (1) and mixed veg	Roast potato, carrot and peas	Garlic bread (1)	Chips and beans
<b>Dessert</b>	Marble cake (1,7)	Fruit	Bakewell tart (1,7)	Fruit	Vanilla biscuits (1)

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**Available Daily**  
**Fresh fruit**   **Bread**   **Water**   **Salad**

VG Vegan option available  
VG Puddings: Yoghurt (8), fruit available  
GF Gluten Free option available  
GF Puddings: Fruit, Jelly, Yoghurt available

### Allergen Key

<b>1</b> Gluten	<b>8</b> Soybeans
<b>2</b> Crustaceans	<b>9</b> Milk
<b>3</b> Molluscs	<b>10</b> Celery
<b>4</b> Fish	<b>11</b> Mustard
<b>5</b> Peanuts	<b>12</b> Lupin
<b>6</b> Nuts	<b>13</b> Sesame
<b>7</b> Eggs	<b>14</b> Sulphur Dioxide



## Ide Hill Primary School Menu for 9th Feb



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cottage Pie GF VG	Carbonara with ham (1,9)	Roast chicken thighs GF	Sausage and mash (1) GF	Fish cakes (1,4) GF
Pasta GF VG	Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Tuna mayo(4,7) & Sweetcorn
Baked Potato GF VG		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans	
Side	Cauliflower and peas	Garlic bread and salad	Potato, carrots and broccoli	Beans	Chips and peas
Dessert	Carrot cake (1,7)	Fruit	Homemade cake (1,7)	Fruit	Vanilla Sponge (1,7)

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	Fresh fruit	Bread	Water	Salad
VG	Vegan option available			
VG	Puddings: Yoghurt (8), fruit available			
GF	Gluten Free option available			
GF	Puddings: Fruit, Jelly, Yoghurt available			

### Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide