Meat Free **MONDAY** Main GF VG

Dessert

Macaroni Cheese with herby bread (1,9) Red Pesto Pasta with herby bread (1) Veggie **Baked Potato** Pasta Mild Chilli **Baked** Cheese (9) **Potato Baked Beans** Rainbow Salad and Sweetcorn Side Marble Cake (1,7)

TUESDAY BBQ Chicken with Rice Bean and Vegetable goulash with rice (1) VG Pasta (1) Tomato Sauce Cheese (9) Tuna (4) and Sweetcorn Fresh Broccoli and Green Beans Apricot Muffin(1)

WEDNESDAY Roast Beef, Yorkshire Pudding & Gravy (1,7,9) **Cheesy Roasted Vegetable** Quesadillas (1,9) VG GF **Baked Potato** Tuna (4) and Sweetcorn Cheese (9) **Baked Beans** Roast Potatoes, Carrots and

Ide Hill Primary School Menu for 4th November



THURSDAY FRIDAY Baked Cumberland Sausages Breaded Fish (1,4,9) with Gravy (1,14) **Baked Vegetarian Sausages** Veggie Dippers(1,9) with Gravy (1) VG GF GF

Pasta (1)

Tomato Sauce

Cheese (9)

Pesto

Mashed potato and

sweetcorn

Fresh Fruit Salad

Or Mousse (9)

Baked Potato (1) Tuna (4) and Sweetcorn Cheese (9) **Baked Beans** Chips and Mushy Peas Chocolate Oatie Cookie(1)

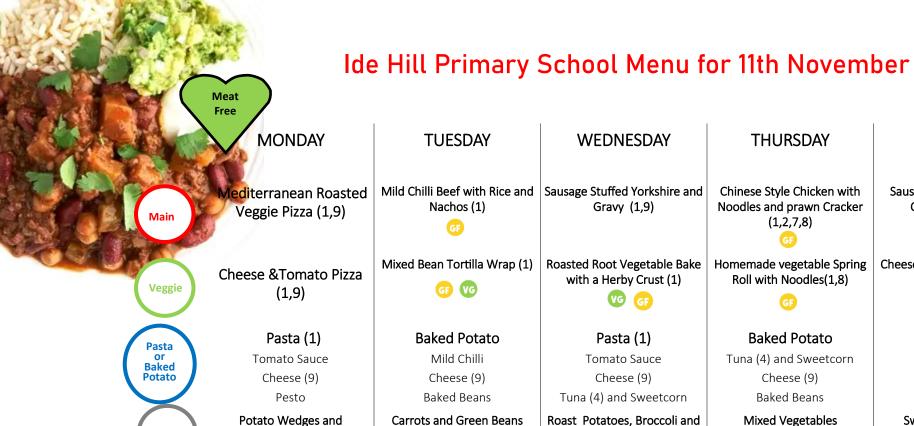
ALLERGEN KEY

OUR KITCHEN

All our food is prepared in our own fantastic kitchen, cooked fresh every day subject to availability. If you need; full ingredient lists & allergen information is available on request. We are a nut free school, however some products are subject to "may contain" status in manufacturing.

AVAILABLE DAILY

	FRESH FRUIT	RESH FRUIT BREAD WAT			ALAD				
	1112311111011	RESTITION BILEND WATER ST		O/ 1.D 1.D	1 Contains gluten	2 Crustaceans	3 Molluscs	4 Fish	
V	G Vegan option ava				5 Peanuts	6 Nuts	7 Eggs	8 Soybeans	
	Puddings: Yoghu Gluten Free optic	` ''	vailable		9 Milk	10 Celery	11 Mustard	12 Lupin	
	Puddings: Fruit, J		: available		13 Sesame	14 Sulphur Diox	kide		



Sweetcorn

Chocolate Ripple Mousse (9) Chocolate Cake (1,7)

WEDNESDAY

Roasted Root Vegetable Bake with a Herby Crust (1)





Pasta (1)

Cheese (9) Tuna (4) and Sweetcorn

Roast Potatoes, Broccoli and Fresh Carrots

Lemon Drizzle Sponge (1,7)

THURSDAY

Chinese Style Chicken with Noodles and prawn Cracker (1,2,7,8)



Homemade vegetable Spring Roll with Noodles(1,8)



Baked Potato

Tuna (4) and Sweetcorn Cheese (9) **Baked Beans**

Mixed Vegetables

Fresh Fruit Platter Jelly

FRIDAY

Sausage, Baked Bean and Cheese Slice (1,4)



Cheese and Baked Bean Slice (1,9)





Pasta (1)

Tomato Sauce Cheese (9) **Baked Beans** Sweetcorn and Peas

Caramel Cookie(1)

ALLERGEN KEY

OUR KITCHEN

Side

Dessert

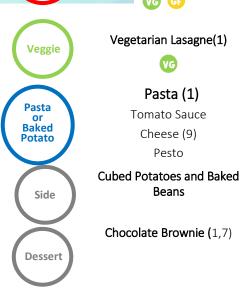
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			J. 1.2 1.2	1 Contains gluten	2 Crustaceans	3 Molluscs	4 Fish	
vo Vegan option ava				5 Peanuts	6 Nuts	7 Eggs	8 Soybeans	
Puddings: Yoghui	. ,,	vailable		9 Milk	10 Celerv	11 Mustard	12 Lupin	
₆ Gluten Free optio	n available				,			
Puddings: Fruit, J	elly, Yoghurt	available		13 Sesame	14 Sulphur Diox	kide		

Meat Free MONDAY (1,8)





TUESDAY Spaghetti Bolognaise (1) Mixed vegetable and bean chilli con carne with rice **Baked Potato** Tuna(4) and Sweetcorn Cheese (9) Baked Beans



WEDNESDAY THURSDAY Roast Turkey, Chipolata and BBQ pulled Pork in a bun Gravy (1) (1,8,10,14)Vegetable Pie topped with Bean Burger in a bun (1) Filo Pastry (1) GF VG Pasta (1) **Baked Potato Tomato Sauce** Three Bean Chilli Cheese (9) Cheese (9) **Baked Beans** Tuna (4) and Sweetcorn Roast Potatoes, Fresh Carrots Mixed Vegetables and Broccoli

Ide Hill Primary School Menu for 18th November

Fruit Wedges Cheese & Biscuits (1,9)

FRIDAY Chicken Goujons(1) Quorn Goujons (1) Pasta (1) **Tomato Sauce** Cheese (9) **Baked Beans** Chips, Peas & sweetcorn Pink Jam Slice (1)

ALLERGEN KEY

OUR KITCHEN

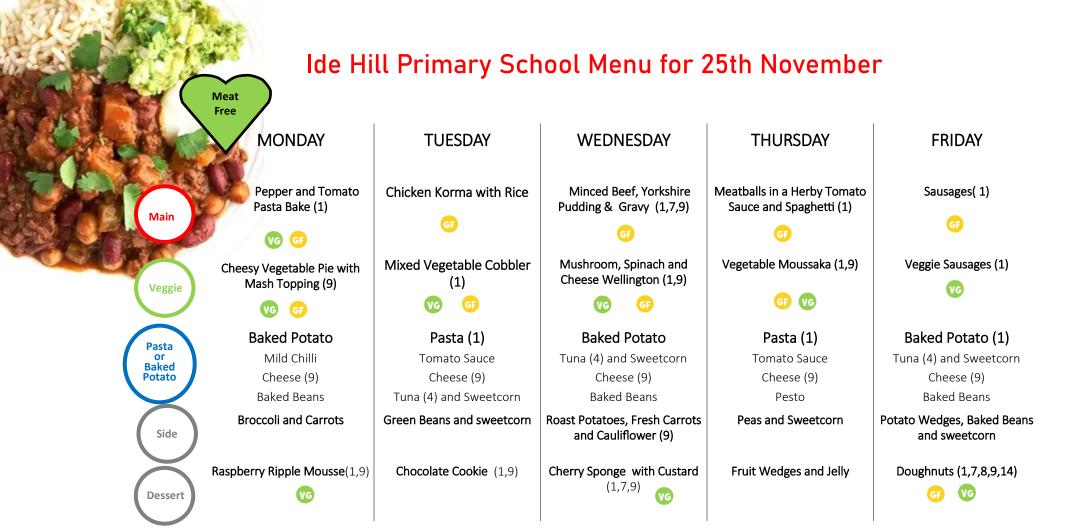
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AVAILABLE DAILY

Chocolate Sponge with

Chocolate Sauce (1,7,9)

FRESH FRUIT	BREAD	WATER	SALAD	l			
				1 Contains gluten	2 Crustaceans	3 Molluscs	4 Fish
vo Vegan option ava	ilable			5 Peanuts	6 Nuts	7 Eggs	8 Soybeans
Puddings: Yoghurt (8), Fruit available				9 Milk	10 Celerv	11 Mustard	12 Lunin
👍 Gluten Free optio	n Free option available			9 IVIIIK	10 Celery	11 Mustard	12 Lupin
Puddings: Fruit. I	elly. Yoghurt	available		13 Sesame	14 Sulphur Diox	kide	



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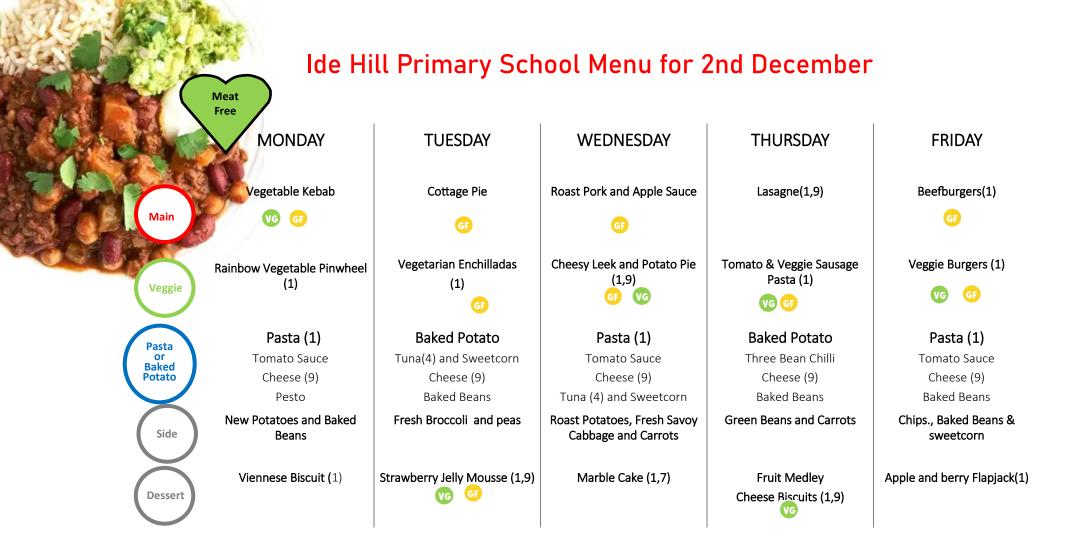
Puddings: Fruit, Jelly, Yoghurt available

FRESH FRUIT BREAD WATER SALAD 1 Contains gluten 2 Crustaceans 3 Molluscs 4 Fish VG Vegan option available **5** Peanuts 6 Nuts 7 Eggs 8 Soybeans Puddings: Yoghurt (8), Fruit available 9 Milk 10 Celery **11** Mustard 12 Lupin Gluten Free option available

13 Sesame

ALLERGEN KEY

14 Sulphur Dioxide



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VG Vegan option available				5 Peanuts	6 Nuts	7 Eggs	8 Soybeans
Puddings: Yoghurt (8), Fruit available G: Gluten Free option available				9 Milk	10 Celery	11 Mustard	12 Lupin
Puddings: Fruit. J		available		13 Sesame	14 Sulphur Diox	xide	

ALLERGEN KEY

Meat Free Veggie

Pasta

Baked

Potato

Side

Dessert

Ide Hill Primary School Menu for 9th December

MONDAY
Baked Veggie Korma with Rice VG GF
Veggie Bolognese (1)
Pasta (1) Tomato Sauce Cheese (9) Pesto
Broccoli and Carrots
Banoffee Muffin (1,9)

TUESDAY
Chicken Curry with Rice and Poppadum (1)
Vegetable Curry with Rice and Poppadum (1)
Baked Potato
Tuna(4) and Sweetcorn
Cheese (9)
Baked Beans
Homemade onion Bhaji and Green 'Beans
Peas and sweetcorn
Chocolate Brownie Cookie (1,9)

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WEDNESDAY THURSDAY FRIDAY Roast Beef, Yorkshire Pudding Salmon and Pea Paella (4,9) Chicken Dippers (1) & Gravy (1,7,9) Mushroom, Spinach and Roasted Veggie Paella (1,7,9) Quorn Dippers(1) Cheese Wellington (1,9) Pasta (1) **Baked Potato** Pasta (1) **Tomato Sauce** Three Bean Chilli Tomato Sauce Cheese (9) Cheese (9) Cheese (9) Tuna (4) and Sweetcorn Baked Beans **Baked Beans** Roast Potatoes, Fresh Carrots Green Beans and Broccoli Potato Wedges and Baked and Cauliflower (9) Fruit and Jelly Syrup Sponge with Custard Arctic Roll(1,7,9)

GF

Beans

ALLERGEN KEY

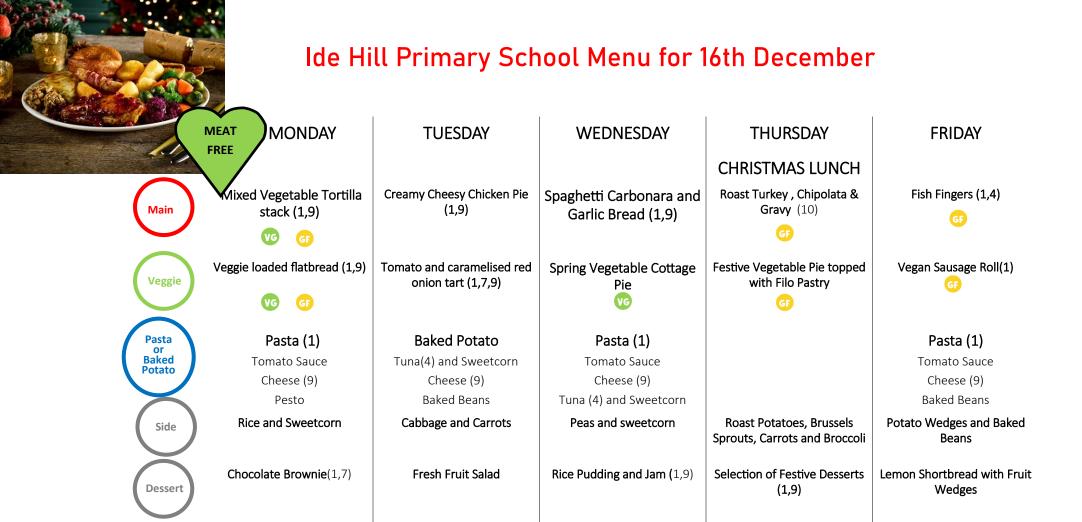
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v_G (1,7,9)

	FRESH FRUIT	RKFAD	WAILK	SALAD				
	_				1 Contains gluten	2 Crustaceans	3 Molluscs	4 Fish
V	G Vegan option avai				5 Peanuts	6 Nuts	7 Eggs	8 Soybeans
	Puddings: Yoghur Gluten Free option	` ''	/allable		9 Milk	10 Celery	11 Mustard	12 Lupin
	Puddings: Fruit, Je		available		13 Sesame	14 Sulphur Diox	(ide	



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ALLERGEN KEY