



# Ide Hill Primary School Menu for 1st Sept



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Inset day	Sausage (1) GF	Minced beef Yorkshire Pudding & Gravy (1,7,9) GF	Mac and Cheese (1,9) GF	Breaded Fish Fingers (1) GF
Veggie	Inset day	Veggie Sausages (1) GF VG	Mushroom, Spinach & Cheese Wellington (1,9) GF	Chickpea Curry GF VG	Quorn Dippers (1) GF VG
Pasta GF VG	Inset day	Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
Baked Potato GF VG	Inset day		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans
Side	Inset day	Cubed Potatoes, Corn & peas	Roast Potatoes, fresh Carrots and Broccoli	Garlic Bread (1)	Chips and Beans
Dessert	Inset day	Oat Cookie (1)	Iced Choc Sponge (1,7,9)	Fruit & Jelly	Raspberry Ripple Mousse (9)

## OUR KITCHEN

All our food is prepared in our own kitchen, cooked fresh every day subject to availability. If you need; full ingredient lists & allergen information is available on request. We are a nut free school, however some products are subject to "may contain" status in manufacturing.



- Vegan option available
- Puddings: Yoghurt (8), fruit available
- Gluten Free option available
- Puddings: Fruit, Jelly, Yoghurt available

Available Daily  
Fresh fruit Bread Water Salad

## Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide



# Ide Hill Primary School Menu for 8th Sept



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tomato & Basil Pasta Bake (1,9)	Fish Cakes (1,4)	Gammon	Chicken Burgers	Fish Fingers (1)
Veggie	Roasted Veg Flatbreads	Veggie Hot Pot	Pea & Leek Risotto	Veggie Bolognese & Spaghetti (1)	Veggie Fingers
Pasta	Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Tuna (4) & Sweetcorn
Baked Potato		Jacket Potato Cheese (9) Tuna (4) & Sweetcorn		Jacket Potato Cheese (9) Baked Beans Tuna (4) & Sweetcorn	
Side	Garlic Bread (1) & Salad	Wedges, Spaghetti Hoops	Roast Potatoes, Broccoli and Carrots	Coleslaw & Peas	Chips, Baked Beans or Peas
Dessert	Chocolate Mousse (1,9)	Vanilla Cookie (1,9)	Apple & Cherry Crumble (1)	Fruit and Jelly	Ice Cream (1)

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- Vegan option available
- Puddings: Yoghurt (8), fruit available
- Gluten Free option available
- Puddings: Fruit, Jelly, Yoghurt available

Available Daily  
Fresh fruit   Bread   Water   Salad

## Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide



## Ide Hill Primary School Menu for 15th Sept



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Veggie Sausage & pepper pasta (1) 	Beef Lasagne (1,9) 	Roast Turkey & Pork Chipolata (1) 	BBQ Chicken & Rice (8) 	Chicken Goujons (1) 
<b>Veggie</b>	Sweet Potato & Spinach curry & Rice 	Cheese & Onion Quiche (1,9) 	Shepherdess Pie 	Veggie Spring Rolls	Vegan Dippers (1) 
<b>Pasta</b> 		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
<b>Baked Potato</b> 	Jacket Potato Cheese (9) Baked Beans Three Bean Chilli		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans
<b>Side</b>	Sweetcorn	Garlic Bread(1) and Salad	Roast Potatoes, Cauliflower and Carrots	Prawn Crackers & Green Beans	Chips & Peas
<b>Dessert</b>	Chocolate Cake (1,7,9)	Ring Doughnuts (1)	Oat Cookie (1)	Rice Krispie Cake (1,9)	Ice Lollys

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- Vegan option available
- Puddings: Yoghurt (8), fruit available
- Gluten Free option available
- Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit   Bread   Water   Salad

### Allergen Key

<b>1</b> Gluten	<b>8</b> Soybeans
<b>2</b> Crustaceans	<b>9</b> Milk
<b>3</b> Molluscs	<b>10</b> Celery
<b>4</b> Fish	<b>11</b> Mustard
<b>5</b> Peanuts	<b>12</b> Lupin
<b>6</b> Nuts	<b>13</b> Sesame
<b>7</b> Eggs	<b>14</b> Sulphur Dioxide



# Ide Hill Primary School Menu for 22nd Sept



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Veggie Bolognese (1) <small>GF</small>	Chicken Pie (1) <small>GF</small>	Roast Beef, Yorkshire Pudding (1) <small>GF</small>	Beef Cottage Pie <small>GF</small>	Sausage (1) <small>GF</small>
Veggie	Cheese & Onion Slice (1,9) <small>GF VG</small>	Vegetable Hot Pot <small>VG</small>	Spinach, Mushroom & Cheese Wellington (1,9) <small>GF VG</small>	Vegetable Noodles (1,7) <small>GF</small>	Quorn Sausage (1) <small>VG</small>
Pasta <small>GF VG</small>	Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Tuna (4) & Sweetcorn
Baked Potato <small>GF VG</small>		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans Mild Beef Curry	
Side	Green Beans	Cubed Potatoes, Peas & Carrots	Roast Potatoes, Carrots and Cabbage	Peas & Sweetcorn	Chips, Beans or Mushy Peas
Dessert	Iced Vanilla Cake	Choc Cookie (1)	Apple Crumbe & Cream (1)	Fruit & Jelly	Vanilla Cookie (1)

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- VG Vegan option available
- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

## Available Daily

Fresh fruit Bread Water Salad

## Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide



## Ide Hill Primary School Menu for 29th Sept



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spinach & Sweetpotato Curry & Rice <small>GF</small>	Beef Burger in Bun (1) <small>GF</small>	Sausage Stuffed Yorkshire Pudding (1,7,9) <small>GF</small>	Chicken Carbonara (1,9) <small>GF</small>	Fish Fingers (1,4) <small>GF</small>
Veggie	Stuffed Peppers <small>GF</small>	Spicy Bean Burger (1) <small>GF</small>	Cauliflower Cheese (1,9) <small>VG</small>	Veggie Chilli Rice <small>GF</small>	Quorn Dippers (1)
Pasta <small>GF VG</small>		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans	
Baked Potato <small>GF VG</small>	Jacket Potato Cheese (9) Baked Beans Tuna (4) & Sweetcorn		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans
Side	Naan Bread (1) & Green Beans	Wedges, Salad & Ketchup	Roast Potatoes, Fresh carrots and Cabbage	Garlic Bread (1) Green Beans	Chips, Peas and Sweetcorn
Dessert	Apple Flapjack (1)	Choc Mousse (1)	Iced Choc Cake	Fruit & Jelly	Oat Cookies (1)

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- VG Vegan option available
- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

### Available Daily

Fresh fruit   Bread   Water   Salad

### Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide



# Ide Hill Primary School Menu for 6th Oct



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mac'n Cheese (1,9) <small>GF VG</small>	Cheese & Bacon Pin Wheel (1)	Roast Gammon <small>GF</small>	Hot Dog (1) <small>GF</small>	Breaded Fish (1,4) <small>GF</small>
Veggie	Bean Burger in Bun (1) <small>GF</small>	Sweet Potato & Pepper Risotto <small>GF</small>	Veggie Fajitta (1) <small>VG</small>	Vegan Hot Dog (1) <small>GF VG</small>	Vegetable Crumble (1) <small>GF</small>
Pasta <small>GF VG</small>	Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Tuna (4) & Sweetcorn
Baked Potato <small>GF VG</small>		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans Mild Beef Curry	
Side	Green Beans & Salad	Cubed Potato & Peas	Roast Potatoes, Carrots and Broccoli	Wedges, Peas & Sweetcorn	Chips & Beans
Dessert	Chocolate Cookie	Ice Cream (1,9)	Syrup Sponge & Custard (1,7,9)	Fruit & Jelly	Doughnuts (1)

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- VG Puddings: Yoghurt (8), fruit available
- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

Available Daily  
Fresh fruit Bread Water Salad

## Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide



# Ide Hill Primary School Menu for 13th Oct



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pepper & Tomato Pasta (1) <small>GF VG</small>	Ham & Cheese Pizza (1,9) <small>GF</small>	Minced Beef, Yorkshire (1) <small>GF</small>	Cottage Pie <small>GF</small>	Breaded Fish (1) <small>GF</small>
Veggie	Vegetable Cobbler (1)	Roast Veg Flatbreads (1) <small>GF VG</small>	Leek & Pea Risotto <small>GF</small>	Veg Stir Fry Noodles (1,7) & Spring Rolls (1,8)	Veggie Fingers (1)
Pasta <small>GF VG</small>		Pasta (1) Tomato Sauce Cheese (9) Baked Beans		Pasta (1) Tomato Sauce Cheese (9) Pesto	
Baked Potato <small>GF VG</small>	Jacket Potato Cheese (9) Baked Beans Tuna (4) & Sweetcorn		Jacket Potato Cheese (9) Baked Beans		Jacket Potato Cheese (9) Baked Beans
Side	Garlic Bread & Salad	Broccoli & carrots	Roast Potatoes, Cabbage & Carrots	Peas & Sweetcorn	Chips & Peas
Dessert	Chocolate Cookie (1,9)	Iced Cake (1,7)	Apple Cherry Crumble (1)	Lemon Sponge (1,7)	Fruit & Jelly

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- GF Gluten Free option available
- GF Puddings: Fruit, Jelly, Yoghurt available

## Available Daily

Fresh fruit   Bread   Water   Salad

## Allergen Key

1	Gluten	8	Soybeans
2	Crustaceans	9	Milk
3	Molluscs	10	Celery
4	Fish	11	Mustard
5	Peanuts	12	Lupin
6	Nuts	13	Sesame
7	Eggs	14	Sulphur Dioxide