

Headteacher Message

Thank you all for another great week at school. This week I have been fortunate to teach in a few classes throughout the school and they have been a pleasure. It is great to see their hard work and focus. After-school club has been very excited to use their new resources donated to them – thank you to all the families for these donations, we really appreciate your generosity.

During learning walks this week, we saw classes hard at work across the school. Children were editing their writing with care and attention, practising division and solving mathematical problems, and learning about deserts around the world. In EYFS, the children were using the sand beautifully, whilst others classes were engaged in phonics sessions and individual music lessons. It is always lovely to walk around the school and see the children hard at work, engaged in learning and play.

Thank you to everyone who has completed the parent survey. There has been some wonderful feedback and thoughts for how to continue to move the school forward. This will be collated and shared soon. – it is still not too late for those that haven't.

Please complete by Friday 6th February.

<https://forms.office.com/e/buBHXAArE7?origin=lprLink>

This week in Collective Worship we have been exploring an image and reflecting upon it: 'I wonder how this makes you feel knowing that Jesus came to bring light, joy and hope into the "dark" areas.' The children were great at discussing different 'dark' situations and how they or others can bring light into them.



Just a reminder that children should only have water in their water bottles at school please!

5th Feb – 2.30pm

Learn with your Child afternoon - all welcome!

Please support our forthcoming Sunday Wellness Retreat!

YOGA:

A wonderful gentle moment of pause allowing you to notice your breath in movement and in stillness, releasing tension from the body and lowering stress. A nurturing class to gently move stretch and lengthen the body a way to slow down and be in the present moment. A chance to unwind and reset. Using simple but powerful mindful movement leaving you feeling rejuvenated.

PILATES:

A method of exercise combining both physical and mental conditioning leading to a strong body and sound mind. This class will introduce the principles of breath, alignment and centering whilst taking the spine through flexion, extension, rotation and lateral flexion. We will focus on a rebalance of our body relieving unwanted stress and tension.

BREATHWORK:

A gentle practise observing the breath, slowing down the breath and allowing the nervous system and body to rest and digest.

RELAXATION:

Lie down and allow the body to melt into the ground beneath you. Breathe, allow thoughts to come and go like clouds. Nothing to do, nowhere to be - deeply nourishing the body and nervous system. Listening to the guided relaxation letting go and surrendering to stillness in a beautiful body scan.



Sunday Wellness Reset

Immerse yourself in the ultimate in self-care Sundays. Leave feeling nurtured, grounded, calm and centred and help raise money for a new SEN area in the school. No prior experience needed.

Sunday 8th February

10am – 11am: Yoga flow
11.10am – 12.10pm: Pilates
12.15pm – 12.30pm: Breathwork
12.30pm – 1.00pm: Guided relaxation
1.00pm – 1.20pm: Healthy lunch
1.20pm – 2.00pm: Mindful walking in the Ide Hill countryside.

£45 per ticket
Ide Hill School



Love 2 Dance 2026
TICKETS ON SALE
1PM - MON 2 FEB
STAG BOX OFFICE
SHOWS: 23/24 MARCH - 4PM/7PM

IDE HILL PRIMARY SCHOOL PTA PRESENTS

A NIGHT AT THE RACES!

Friday 6th March 2026
Ide Hill Village Hall
£15 per ticket including supper
Cash/Card Bar and Raffle
Doors open at 6.45PM
1st Race 7.30PM

