

Ide Hill Primary School Menu for 2nd September



MONDAY

INSET DAY

Main

Veggie

Pasta or Baked Potato

Side

Dessert

WELCOME BACK EVERYONE

TUESDAY

Mild Chilli Beef with Rice and Nachos (1)

GF

Mixed Bean Tortilla Wrap (1)

GF VG

Pasta with a selection of toppings (1)

Carrots and Green Beans

Chocolate Ripple Mousse (9)

WEDNESDAY

Sausage Stuffed Yorkshire and Gravy (1,9)

VG GF

Jacket Potato with a selection of toppings (1)

Roast Potatoes, Broccoli and Fresh Carrots

Lemon Drizzle Sponge (1,7)

VG

THURSDAY

BBQ pulled Pork in a bun (1,8,10,14)

GF

Bean Burger in a bun (1)

VG GF

Pasta with a selection of toppings (1)

Potato Wedges and Baked Beans

Fresh Fruit Platter Jelly

FRIDAY

Fish Fingers (1,4)

GF

Cheese and Onion Pasty(1,9)

VG GF

Jacket Potato with a selection of toppings (1)

Chips, Sweetcorn and Mushy Peas

Chocolate Oatie Cookie(1)

OUR KITCHEN

All our food is prepared in our own fantastic kitchen, cooked fresh every day subject to availability. If you need; full ingredient lists & allergen information is available on request. We are a nut free school, however some products are subject to “may

AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

VG Vegan option available

Puddings: Yoghurt (8), Fruit available

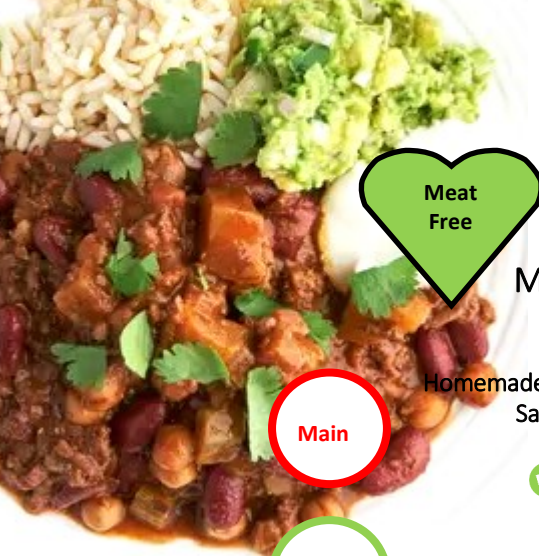
GF Gluten Free option available

Puddings: Fruit, Jelly, Yoghurt available

ALLERGEN KEY

- | | | | |
|-------------------|--------------------|------------|------------|
| 1 Contains gluten | 2 Crustaceans | 3 Molluscs | 4 Fish |
| 5 Peanuts | 6 Nuts | 7 Eggs | 8 Soybeans |
| 9 Milk | 10 Celery | 11 Mustard | 12 Lupin |
| 13 Sesame | 14 Sulphur Dioxide | | |

Ide Hill Primary School Menu for 9th September



Meat Free

Main

Veggie

Pasta or Baked Potato

Side

Dessert

MONDAY

Homemade Vegetarian Quorn Sausage Roll (1,8)
VG GF

Vegetarian Lasagne(1)
VG

Pasta with a selection of toppings (1)

Cubed Potatoes and Baked Beans

Chocolate Brownie (1,7)

TUESDAY

Spaghetti Bolognese (1)
GF

Mixed vegetable and bean chilli con carne with rice
VG GF

Jacket Potato with a selection of toppings (1)

Mixed salad & sweetcorn

Lemon Muffin (1,7)
GF VG

WEDNESDAY

Roast Turkey , Chipolata and Gravy (1)

Vegetable Pie topped with Filo Pastry (1)
VG GF

Pasta with a selection of toppings (1)

Roast Potatoes, Fresh Carrots and Broccoli

Chocolate Sponge with Chocolate Sauce (1,7,9)

THURSDAY

Chinese Style Chicken with Noodles and prawn Cracker (1,2,7,8)
GF

Homemade vegetable Spring Roll with Noodles(1,8)
GF

Jacket Potato with a selection of toppings (1)

Mixed Vegetables

Fruit Wedges
 Cheese & Biscuits (1,9)
VG

FRIDAY

Sausages (1)
GF

Vegetarian Sausages (1)
VG GF

Pasta with a selection of toppings (1)

Chips, Peas & sweetcorn

Pink Jam Slice (1)

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AVAILABLE DAILY

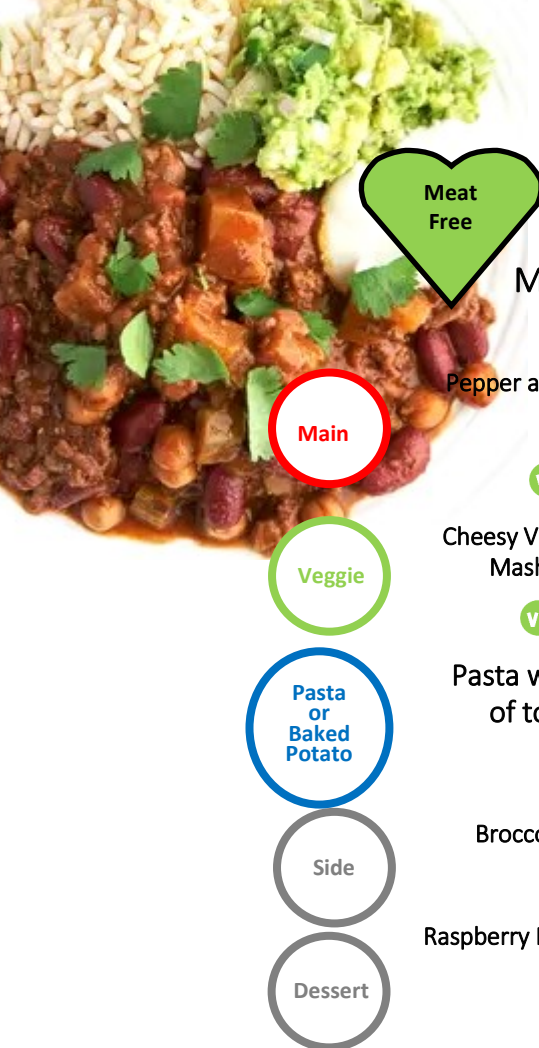
FRESH FRUIT BREAD WATER SALAD

- VG Vegan option available
- Puddings:** Yoghurt (8), Fruit available
- GF Gluten Free option available
- Puddings:** Fruit, Jelly, Yoghurt available

ALLERGEN KEY

- 1** Contains gluten
- 2** Crustaceans
- 3** Molluscs
- 4** Fish
- 5** Peanuts
- 6** Nuts
- 7** Eggs
- 8** Soybeans
- 9** Milk
- 10** Celery
- 11** Mustard
- 12** Lupin
- 13** Sesame
- 14** Sulphur Dioxide

Ide Hill Primary School Menu for 16th September



Meat Free

Main

Veggie

Pasta or Baked Potato

Side

Dessert

MONDAY

Pepper and Tomato Pasta Bake (1)

VG GF

Cheesy Vegetable Pie with Mash Topping (9)

VG GF

Pasta with a selection of toppings (1)

Broccoli and Carrots

Raspberry Ripple Mousse(1,9)

VG

TUESDAY

Chicken Korma with Rice

GF

Mixed Vegetable Cobbler (1,9)

VG GF

Jacket Potato with a selection of toppings (1)

Peas and sweetcorn

Chocolate Cookie (1,9)

WEDNESDAY

Minced Beef, Yorkshire Pudding & Gravy (1,7,9)

GF

Mushroom, Spinach and Cheese Wellington (1,9)

VG GF

Pasta with a selection of toppings (1)

Roast Potatoes, Fresh Carrots and Cauliflower (9)

Cherry Sponge with Custard (1,7,9)

VG

THURSDAY

Creamy Cheesy Chicken Pie (1,9)

GF

Tomato and caramelised red onion tart (1,7,9)

GF

Jacket Potato with a selection of toppings (1)

Cabbage and Green Beans

Fruit Wedges and Jelly

FRIDAY

Chicken Goujons (1)

GF

Veggie Dippers (1,8)

VG

Pasta with a selection of toppings (1)

Potato Wedges, Baked Beans and sweetcorn

Ice Cream (1,7,9)

GF

VG

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AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

VG Vegan option available

Puddings: Yoghurt (8), Fruit available

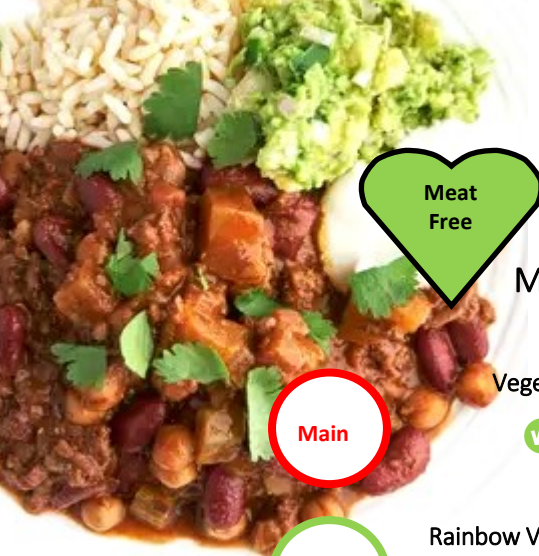
GF Gluten Free option available

Puddings: Fruit, Jelly, Yoghurt available

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- 7 Eggs
- 8 Soybeans
- 9 Milk
- 10 Celery
- 11 Mustard
- 12 Lupin
- 13 Sesame
- 14 Sulphur Dioxide

Ide Hill Primary School Menu for 23rd September



Meat Free

MONDAY

Main

Veggie

Pasta or Baked Potato

Side

Dessert

Vegetable Kebab **VG GF**

Rainbow Vegetable Pinwheel (1)

Pasta with a selection of toppings (1)

New Potatoes and Baked Beans

Viennese Biscuit (1)

TUESDAY

Cottage Pie **GF**

Vegetarian Enchilladas (1) **GF**

Jacket Potato with a selection of toppings (1)

Fresh Broccoli and peas

Strawberry Jelly Mousse (1,9) **VG GF**

WEDNESDAY

Roast Pork and Apple Sauce **GF**

Cheesy Leek and Potato Pie (1,9) **GF VG**

Pasta with a selection of toppings (1)

Roast Potatoes, Fresh Savoy Cabbage and Carrots

Marble Cake (1,7)

THURSDAY

Spaghetti Carbonara and Garlic Bread(1,9)

Tomato & Veggie Sausage Pasta (1) **VG GF**

Jacket Potato with a selection of toppings (1)

Green Beans and Carrots

Fruit Medley

Cheese Biscuits (1,9) **VG**

FRIDAY

Hot Dogs in a bun(1) **GF**

Veggie Hot Dogs in a bun (1) **VG GF**

Pasta with a selection of toppings (1)

Chips. Mushy Peas & sweetcorn

Apple and berry Flapjack(1)

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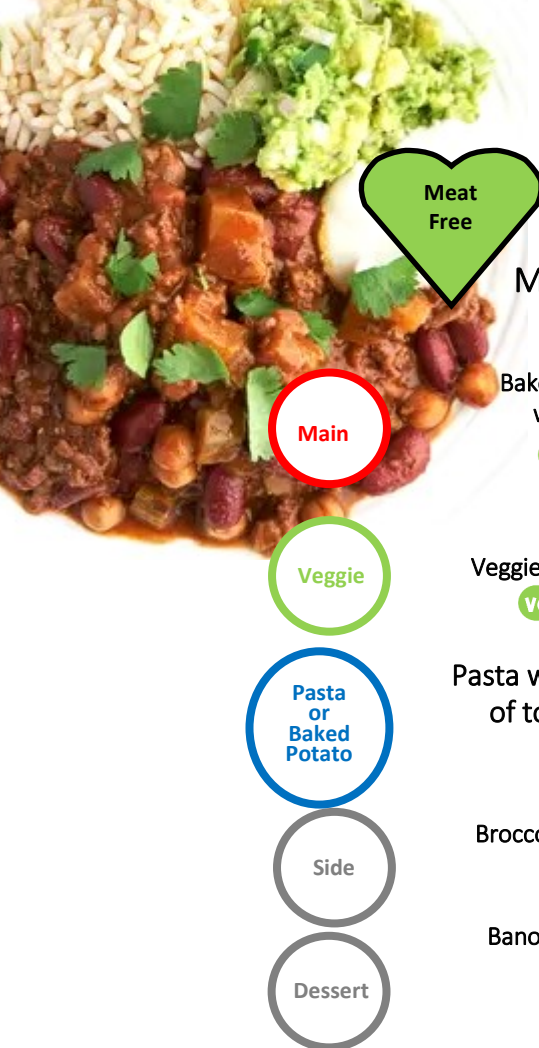
AVAILABLE DAILY

- FRESH FRUIT** **BREAD** **WATER** **SALAD**
- VG** Vegan option available
 - Puddings:** Yoghurt (8), Fruit available
 - GF** Gluten Free option available
 - Puddings:** Fruit, Jelly, Yoghurt available

ALLERGEN KEY

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- 7** Eggs
- 8** Soybeans
- 9** Milk
- 10** Celery
- 11** Mustard
- 12** Lupin
- 13** Sesame
- 14** Sulphur Dioxide

Ide Hill Primary School Menu for 30th September



MONDAY

Baked Veggie Korma with Rice

VG GF

Veggie Bolognese (1)

VG GF

Pasta with a selection of toppings (1)

Broccoli and Carrots

Banoffee Pie (1,9)

VG

TUESDAY

Meatballs in a Herby Tomato Sauce and Spaghetti (1)

GF

Vegetable Moussaka (1,9)

VG GF

Jacket Potato with a selection of toppings (1)

Peas and sweetcorn

Chocolate Brownie Cookie (1,9)

WEDNESDAY

Roast Beef, Yorkshire Pudding & Gravy (1,7,9)

GF

Mushroom, Spinach and Cheese Wellington (1,9)

VG GF

Pasta with a selection of toppings (1)

Roast Potatoes, Fresh Carrots and Cauliflower (9)

Syrup Sponge with Custard (1,7,9)

VG

THURSDAY

Crustless Quiche Lorraine (1,7,9)

GF

Caramelised Mediterranean Vegetable tart (1,7,9)

GF

Jacket Potato with a selection of toppings (1)

New Potatoes and Rainbow Salad

Fruit and Jelly

FRIDAY

Fish Fingers (1,4)

GF

Sweetcorn Fritters(1)

VG GF

Pasta with a selection of toppings (1)

Potato Wedges and Baked Beans

Arctic Roll(1,7,9)

VG

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AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

VG Vegan option available

Puddings: Yoghurt (8), Fruit available

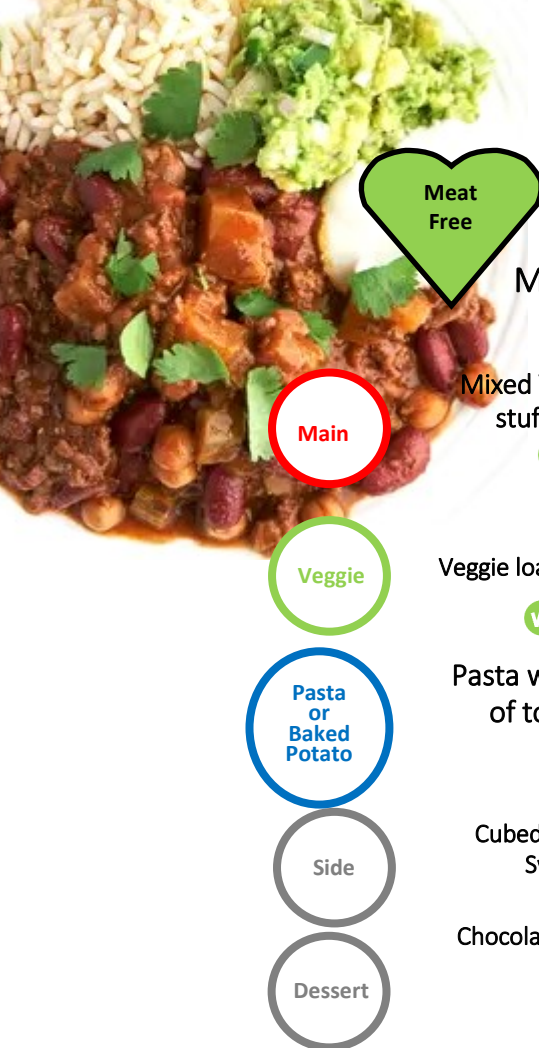
GF Gluten Free option available

Puddings: Fruit, Jelly, Yoghurt available

ALLERGEN KEY

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| 13 Sesame | 14 Sulphur Dioxide | | |

Ide Hill Primary School Menu for 7th October



Meat Free

MONDAY

Mixed Vegetable Rice stuffed pepper

VG GF

Main

Veggie

Veggie loaded flatbread (1)

VG GF

Pasta or Baked Potato

Pasta with a selection of toppings (1)

Side

Cubed Potatoes and Sweetcorn

Dessert

Chocolate Brownie(1,7)

TUESDAY

Lasagne (1,9)

GF

Spring Vegetable Cottage Pie

VG GF

Jacket Potato with a selection of toppings (1)

Peas and Carrots

Rice Pudding and Jam (1,9)

GF

WEDNESDAY

Sausage stuffed Yorkshire Pudding and Gravy (1,7,9)

Broccoli & Cauliflower Cheese Filled Yorkshire (1,7,9)

VG

Pasta with a selection of toppings (1)

Roast Potatoes, Fresh Carrots and Cabbage

Apple Goodie with Custard (1,9)

THURSDAY

Chicken Curry with Rice and Poppadum (1)

GF

Vegetable Curry with Rice and Poppadum (1)

GF

Jacket Potato with a selection of toppings (1)

Homemade onion Bhaji and Green 'Beans

Fresh Fruit Salad

FRIDAY

Chicken Dippers (1)

GF

Quorn Dippers (1)

GF

Pasta with a selection of toppings (1)

Potato Wedges and Baked Beans

Lemon Shortbread with Fruit Wedges

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AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

VG Vegan option available

Puddings: Yoghurt (8), Fruit available

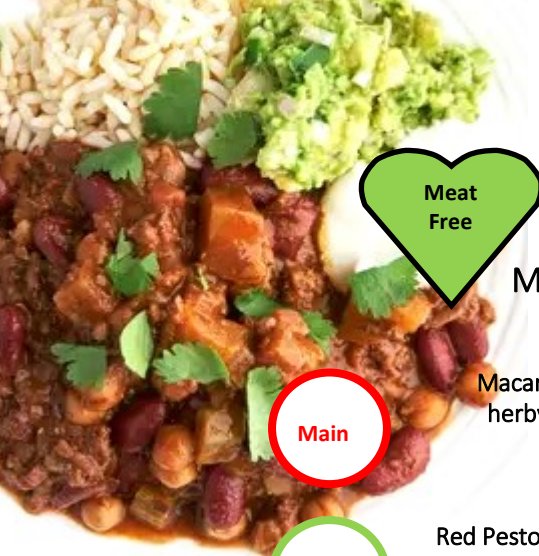
GF Gluten Free option available

Puddings: Fruit, Jelly, Yoghurt available

ALLERGEN KEY

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| 9 Milk | 10 Celery | 11 Mustard | 12 Lupin |
| 13 Sesame | 14 Sulphur Dioxide | | |

Ide Hill Primary School Menu for 14th October



Meat Free

Main

Veggie

Pasta or Baked Potato

Side

Dessert

MONDAY

Macaroni Cheese with herby bread (1,9)

VG GF

Red Pesto Pasta with herby bread (1)

VG GF

Jacket Potato with a selection of toppings (1)

Potato Cubes and sweetcorn

Cherry Sponge (1,7,)

TUESDAY

BBQ Chicken with Rice

Bean and Vegetable goulash with rice (1)

VG GF

Pasta with a selection of toppings (1)

Fresh Broccoli and Peas

Apricot Muffin(1)

WEDNESDAY

Roast Gammon & Pineapple

Cheesy Roasted Vegetable Quesadillas (1,9)

VG GF

Jacket Potato with a selection of toppings (1)

Roast Potatoes, Carrots and Cabbage

Fruit Crumble with Custard (1,9)

THURSDAY

Baked Cumberland Sausages with Gravy (1,14)

GF

Baked Vegetarian Sausages with Gravy (1)

GF

Pasta with a selection of toppings (1)

Mashed potato and sweetcorn

Fresh Fruit Salad Or Mousse (1,9)

FRIDAY

Breaded Chicken Steaks (1,14)

Veggie Sliders (1,9)

Jacket Potato with a selection of toppings (1)

Chips and Baked Beans

Strawberry and Lime Jelly

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AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

VG Vegan option available

Puddings: Yoghurt (8), Fruit available

GF Gluten Free option available

Puddings: Fruit, Jelly, Yoghurt available

ALLERGEN KEY

- 1 Contains gluten
- 2 Crustaceans
- 3 Molluscs
- 4 Fish
- 5 Peanuts
- 6 Nuts
- 7 Eggs
- 8 Soybeans
- 9 Milk
- 10 Celery
- 11 Mustard
- 12 Lupin
- 13 Sesame
- 14 Sulphur Dioxide