

## Ide Hill News

### Term 4 Week 4

#### **SPORTING SUCCESS!**

Last week was a very successful week for the school netball and football teams. The children played in two tournaments. The netball tournament took place at Chiddingstone School. The teams were accompanied by Lynn and Maggie, who gave the following review:



"We had a fabulous afternoon at Chiddingstone School playing lots of netball. We took two teams (15 girls) and everyone rotated on to play with a smile!

One of our teams narrowly missed being in the semi-finals by 1 point after 2 great wins and 2 narrow losses in their group. We were really pleased, not only with their level of play and effort but their wonderful sportsmanship."

Mr Howse accompanied the children to the EDSA Football tournament, which was held at Edenbridge Rugby Club. Ide Hill won this tournament in 2017 and 2018 so the children arrived hoping to defend their title. They played extremely well against some challenging teams and won the tournament. We are pleased that the

shield is back "home" in the office at Ide Hill for another year! Congratulations to all our children who played - we are very proud of you all.



Congratulations also to Phoebe and Livvy, who passed their recent Karate grading and have achieved their red belt. You should be very proud of your achievement



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### MOTHERING SUNDAY

An All Age Service will be held at St Mary's Church on March 31<sup>st</sup>, giving thanks for mothers and families. All families are welcome to attend. The service will start at 10:30.

### ATTENDANCE TED

<b>Saplings</b> 98%	<b>Elms</b> 97%
<b>Beech</b> 97%	<b>Willows</b> 98%
<b>Ash</b> 99%	<b>Oaks</b> 92%

### HOUSE POINTS

<b>Dover</b> 22	<b>Bodiam</b> 10
<b>Hever</b> 9	<b>Leeds</b> 24

### This week...

<b>Monday 25<sup>th</sup> March</b>	Parents' Evening PTA bags for school collection Maypole rehearsals start
<b>Tuesday 26<sup>th</sup> March</b>	Choir to Westerham Schools Festival.
<b>Wednesday 27<sup>th</sup> March</b>	Edenbridge Rugby Club year 5/6 football tournament. CAFOD assembly and Y6 workshop.
<b>Thursday 28<sup>th</sup> March</b>	Parents' Evening
<b>Friday 29<sup>th</sup> March</b>	Last day for ordering class photos. Deadline for ordering tickets of the PTA Disco

### This week's Awards:

(Presented on Tuesday at St Mary's church, 2:30pm.)



#### Saplings

**Elliott:** For persevering with your writing and choosing to have a go to improve.

**Willow:** For being an amazing active learner - wanting to learn, trying out new things and always being willing to have a go.



#### Elms

**Cora-Rose:** For really fabulous handwriting and for trying so hard in literacy.

**Alfie:** For working so hard in maths and showing what he can do!



#### Beech

**Ella T:** For being so brave with your broken thumb and showing such determination in your learning.

**Charlotte:** For your fantastic instructions to explain how to create a drawbridge.



#### Willows

**Pollyanna:** For her great learning when approaching tenths in maths.

**Louis:** For learning from his mistakes in maths and using this to help himself - growth mindset in action!



#### Ash

**Keya:** For your enthusiasm for learning and demonstrating a great growth mindset.

**Kelsey:** For always being organised and ready to learn.



#### Oaks

**Hannah:** For her amazing ideas in guided reading when interpreting pictures.

**Verity:** For excellent paired maths reasoning.



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**Winston Jesse Lottie  
Dylan A Rome Lily**

*From all your friends and teachers*

### PREFECTS

*We are delighted to announce our newest prefects!*

*Congratulations to:*

*Eryn M Amy H Martha R Emily N on wthis  
wonderful achievement.*

*The children received their badges today and  
will receive a round of applause in celebration  
worship tomorrow.*

**Sevenoaks Gymnastics Club**

**FREE GYM SESSIONS**  
Excluding current members

Trinity School, Seal Hollow Road, Sevenoaks TN13 3SL

**For kids aged 3+**

**Easter Holiday Offer**

**Wed 10 & 17 April**  
5.45pm-7pm | 5 years+  
Recreational & intermediate • trampolining

**Sat 6, 13 & 20 April**  
8.45am-9.30am & 9.30am-10.45am  
Recreational Gymnastics • trampolining  
10.45am-1pm Intermediate & Advanced

**Sun 7 & 14 April**  
9.30am-11am | 3-5yrs  
9.30am-10.30am  
Recreational & Intermediate  
Gymnastics • Trampolining

facebook.com/SevenoaksGymnasticsClub2014/

All coaches are qualified and approved by the Gymnastics Association and have passed an enhanced CRB police check.

Bars • competition balance beam • vaulting table and competition spring board • vaulting box • 12m inflatable tumble track  
12m x 12m carpeted floor area • trampette • trampoline

Contact David Miller 07825 046605 | 01732 750976  
david.segym@hotmail.com | www.sevenoaksgymnasticsclub.co.uk

### Edenbridge Leisure Centre



Requires Swimmers  
for  
Swimming Teacher Training

We have a swimming teachers' training course running at Edenbridge Leisure Centre and we require pupils - children over 5 years of age to help us train these swimming teachers.

The teacher training course requires swimming levels:

Non-Swimmers & Beginners

This is a 2 day course

Saturday 6<sup>th</sup> April 2019  
and  
Sunday 7<sup>th</sup> April 2019  
at  
3:30pm-4.30pm

The trainee teachers will be under the supervision of Julie Bunn (Swim England Tutor) at all times.

The 2 day course is only £10.00 per pupil so don't miss out give reception a call on 01732 865665 and book your child onto the course (places will be limited and it will be done on a first come basis)

**sencio**  
EDENBRIDGE LEISURE CENTRE

# Ide Hill News Term 4 Week 4

## DIGITAL SAFETY

It is really great to hear that some parents have completed the Kent Safeguarding Children's Board course that we recommended for "Online Safety." We have had some lovely feedback from parents. I am really pleased that we are able to provide access to an online safety course that is firstly recommended by Kent and secondly accessible to parents in your own home. If you are interested in completing this 30 minute course and would like to know how to access it, please see the school newsletter on the homepage of our website - Term 4, week 1 (page 3).

At National Online Safety we believe in empowering parents, carers, and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one online risk of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, links and tips for adults.

### What parents need to know about VPNs

Although a great privacy tool in the right hands, VPNs can be dangerous for children and let them bypass restrictions you have on web browsing.

#### What is a VPN?

A Virtual Private Network (VPN) is a privacy tool used to hide internet activity from prying eyes. Without a VPN, internet traffic is sent directly from your computer or smartphone, letting anyone in between you and a website or service that you're accessing (such as a wireless hotspot owner or your ISP) see what you're doing. With a VPN, a secure tunnel is created between your computer or phone and what's known as the endpoint. The endpoint is merely the part of the internet where your connection comes out and can be in the same country as you or located anywhere else in the world.

Using a VPN has two main effects. First, as the tunnel is fully encrypted, nobody between you and the final endpoint can see what you're up to. Secondly, as all of your traffic looks as though it's coming from the endpoint, you can further avoid being tracked and monitored, hiding your real location from everyone.

VPNs have many legitimate uses. For example, running a VPN when on a wireless hotspot or hotel network that you don't trust, gives you additional security. There's also improved privacy by using a VPN, preventing ad networks and the like from tracking you and working out where you live. VPNs are also often used to bypass protections, say watching UK streaming TV when abroad by pretending that you're still in the UK. The way a VPN works means that children can also use VPNs to hide what they're doing and get around any restrictions that you might have in place.

#### What are the risks?

There are three main issues with VPN usage by children, potentially affecting their privacy (and yours), and opening them up to seeing inappropriate content.

- 1) Viewing age-inappropriate content**  
Parental control tools work by looking at the sites that a child is trying to visit, and then blocking according to a list of what's not allowed. With a VPN, the secure tunnel that's created means that web traffic can't be viewed, so parental controls stop working. This isn't just at home. Children that are allowed to take devices into school for sports purposes can also use VPNs to bypass any filters that have been set up on the school network, too. VPNs can both be in software and via what's known as a proxy website. With a proxy website, a child visits this, then enters in a blocked website address that they want to view, the blocked website is then downloaded and viewed through the proxy, sidestepping any parental protection.
- 2) Malware Infections**  
Installing any unknown application is fraught with danger, and the same applies to many free VPN applications. In an investigation, it was found that 38% of free Android VPNs contained malware, with 75% also designed to track activity. By installing suspect software, a child may be opening themselves up to being spied on and their private details being stolen. If you use a shared device with a child, an infection can also affect you. Malware can spread, and there's a higher risk to other devices on your network. There's a chance that a dodgy VPN will use your computer and internet bandwidth, too. Back in 2015, the Free Hubs VPN extension was found to be secretly selling its users' bandwidth via another service and, in some cases, users' internet connections were being used for illegal activity.
- 3) Free VPNs can spy on people**  
The best commercial VPNs are built around privacy and have strict rules about hiding activity, not spying on users and not logging data. These tools are built for adults who wish to protect their anonymity. Children often go for free VPNs and proxy websites, which have a less strict code of ethics. Many free VPNs have been found to spy on activity, store private information and even sell this data on. When using a VPN like this, dodgy adverts and pop-ups can be inserted into web traffic, beyond the harmful things that your child may already be viewing.

#### What parents can do

Although the risks might seem entirely different, the protection from VPNs is the same for all of the threats.

- Filter VPN sites**  
Check the parental controls software that you're using to see if there's a filter to block VPN/Proxy traffic. If this is selected, it will prevent most known VPNs from working, along with proxy websites.
- Block VPN applications**  
Stopping and removing any VPN applications running on a child's device is a must. If you have parental control software that can restrict application use, make sure that you investigate any application that your child wants to install and block all VPNs. If you've recently uninstalled any applications, go back and check what they're used for and remove any VPNs that you find. If you don't have software to check what's running on a child's device, then you should manually check. Searching for an application with VPN in the name is a good idea. Look out for tell-tale signs, too: computers and phones will usually display a different connection symbol when a VPN is connected. You can also use a child's computer to try and view a restricted website to ensure that filtering is still in place.
- Monitor your child's online activity**  
In order to prevent your children from falling prey to inappropriate content, it's important to monitor or your child's internet usage, and have open and honest discussions with them about their online activities.

**National Online Safety**  
Publish date: 20/03/19

**MEET OUR EXPERT**  
This guide has been written by David Luffield. David has been a technology journalist for more than 20 years, covering everything from internet security to the latest computing trends and the latest home. A father of two (a nine-year-old and a six-year-old), he's had to control and manage how his children access online services and use apps.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter: @natonlinesafety Facebook: /NationalOnlineSafety

This week, we are sharing National Online Safety information about VPN's - Virtual Private Networks. Please read the information sheet below by clicking the link provided.

<https://nationalonlinesafety.us16.list-manage.com/track/click?u=2c75458b4927d513cbb744c23&id=ab73c23fd1&e=50792b39d6>

## Parent Questionnaire

This week we will be sending out our annual questionnaire. The questions are exactly the same as last year - this helps us to see our areas of strength, areas for development and measure our progress against the data we collected last year.

In our questionnaire last year, some parents commented that they would like to see French taught more regularly. We continue to teach French on a weekly basis from Reception to Year 6, however we have now established links with Notre Dame school (in France) and the children have been exchanging communications. If you would like to find out more, please visit the website [https://idehill.eschools.co.uk/website/notre\\_dam\\_e\\_school/384790](https://idehill.eschools.co.uk/website/notre_dam_e_school/384790)

Last year, some parents said that they would like to see more of a variety of clubs. We have therefore worked hard to try to timetable a range of clubs both before school and after, including yoga and robotics.

We would encourage as many parents as possible to complete our questionnaire please, so please watch out for the email!