

Meat Free

Main

Veggie

Baked Potato or Pasta

Side

Dessert

Ide Hill Primary School Menu for 6th January



MONDAY

Chunky Vegetable & Tomato pasta bake (1,9) **GF**

Meat Free Chilli topped wedges **VG GF**

Pasta (1)
Tomato Sauce
Cheese (9)
Baked Beans

Rainbow Ribbon Salad and Sweetcorn

Lemon Shortbread with Fruit Wedges(1)

TUESDAY

BBQ Chicken and Rice **GF**

Homemade Vegetable Spring roll (1,8) and Rice **VG GF**

Baked Potato
Three Bean Chilli
Cheese (9)
Baked Beans

Green Beans and sweetcorn

Strawberry Jelly Mousse (1,9) **VG GF**

WEDNESDAY

Roast Beef, Yorkshire Pudding & Gravy (1,9) **GF**

Broccoli and Cauliflower Cheese Filled Yorkshire (1,7,9) **VG GF**

Pasta (1)
Tomato Sauce
Cheese (9)
Pesto

Roast Potatoes, Fresh Savoy Cabbage and Carrots

Marble Cake (1,7)

THURSDAY

Cottage Pie made with beef mince

Savoury Rice Stuffed Pepper **VG GF**

Baked Potato
Tuna (4) and Sweetcorn
Cheese (9)
Baked Beans

Peas and Carrots

Fruit Medley
Cheese & Biscuits (1,9) **VG**

FRIDAY

Pork Sausage (1) and Chips **GF**

Vegetarian Sausage (1) and Chips **VG GF**

Pasta (1)
Tomato Sauce
Cheese (9)

Baked Beans and sweetcorn

Apple and berry Flapjack(1)

OUR KITCHEN

All our food is prepared in our own fantastic kitchen, cooked fresh every day subject to availability. If you need; full ingredient lists & allergen information is available on request. We are a nut free school, however some products are subject to “may contain” status in manufacturing.

AVAILABLE DAILY

FRESH FRUIT BREAD WATER SALAD

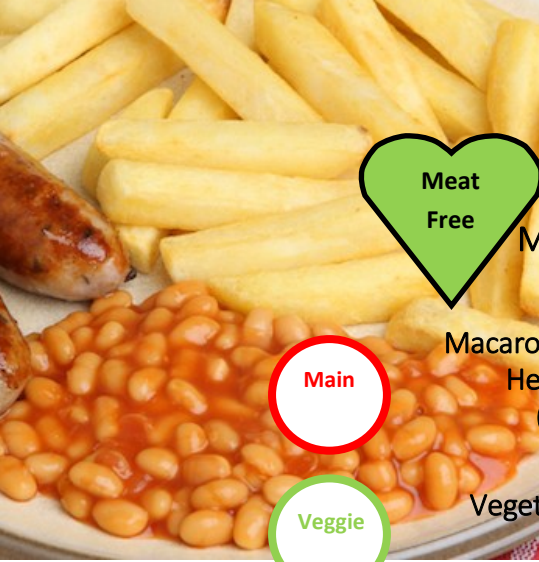
VG Vegan option available
Puddings: Yoghurt (8), Fruit available
GF Gluten Free option available
Puddings: Fruit, Jelly, Yoghurt available

ALLERGEN KEY

- 1 Contains gluten 2 Crustaceans 3 Molluscs 4 Fish
- 5 Peanuts 6 Nuts 7 Eggs 8 Soybeans
- 9 Milk 10 Celery 11 Mustard 12 Lupin
- 13 Sesame 14 Sulphur Dioxide



Ide Hill Primary School Menu for 13th January



MONDAY

Macaroni Cheese with Herby Bread (1,9,11)



Vegetable Hot Pot



Baked Potato

Cheese (9)

Baked Beans



Broccoli and Sweetcorn

Chocolate Brownie(1,7)

TUESDAY

Meat Feast—Ham and Pepperoni - Pizza (1,8,9)



Cheese and Tomato Pizza (1,8,9)



Pasta (1)

Tomato Sauce

Cheese (9)

Baked Beans

Rainbow Salad and Coleslaw

Arctic Roll (1,9)

WEDNESDAY

Roast Gammon and Pineapple

Cheesy Leek and Potato Pie (1,9)



Baked Potato

Three Bean Chilli

Cheese (9)

Baked Beans

Roast Potatoes, Fresh Carrots and Cabbage

Apple Goodie with Custard (1,9)

THURSDAY

Chicken Curry with Rice and Poppadum



Mixed vegetable biryani



Pasta (1)

Pesto

Cheese (9)

Baked Beans

Homemade onion Bhaji and Green beans

Fresh Fruit Salad

FRIDAY

Fish Fingers (1,4) with Potato wedges



Vegetable fingers (1) with Potato Wedges



Baked Potato

Tomato Sauce

Cheese (9)

Tuna (4) and Sweetcorn

Peas & Baked Beans

Rainbow Sponge (1,7)

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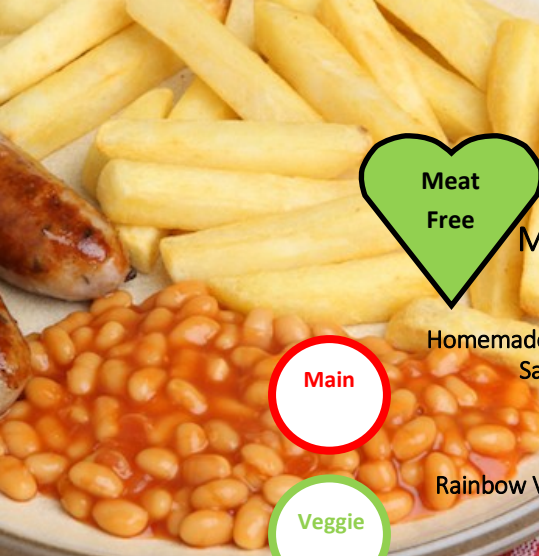
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- Puddings:** Fruit, Jelly, Yoghurt available

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- 11** Mustard
- 12** Lupin
- 13** Sesame
- 14** Sulphur Dioxide



Meat Free

Main

Veggie

Baked Potato or Pasta

Side

Dessert

Ide Hill Primary School Menu for 20th January



MONDAY

Homemade Vegetarian Quorn Sausage Roll (1,8) **VG GF**

Rainbow Vegetable Pinwheel (1) **VG**

Pasta (1)
Tomato Sauce
Cheese (9)
Baked Beans

Cubed Potatoes and Baked Beans

Blueberry Muffin (1,7)

TUESDAY

Spaghetti made with Beef Bolognese (1) **GF**

Mixed vegetable and bean chilli con carne with rice **VG GF**

Baked Potato
Three Bean Chilli
Cheese (9)
Baked Beans

Mixed salad & sweetcorn

Marble Chocolate biscuit (1) **VG GF**

WEDNESDAY

Pork Sausage stuffed Yorkshire and Gravy (1)

Roasted Vegetable Bake with a Herby Crumb (1) **VG GF**

Pasta (1)
Tomato Sauce
Cheese (9)
Baked Beans

Roast Potatoes, Fresh Carrots and Broccoli

Chocolate Sponge (1) with Chocolate Sauce (7,9) **VG**

THURSDAY

Creamy Cheesy Chicken Pie (1,9,11) **GF**

Tomato and caramelised red onion tart (1,7,9) **GF**

Baked Potato
Tuna (4) and Sweetcorn
Cheese (9)
Baked Beans

Mixed Vegetables

Fruit Wedges
Cheese & Biscuits (1,9) **VG**

FRIDAY

Chicken Goujons (1) **GF**

Quorn Goujons (1)

Pasta (1)
Tomato Sauce
Cheese (9)
Pesto

Chips, Peas & sweetcorn

Pink Jam Slice(1)

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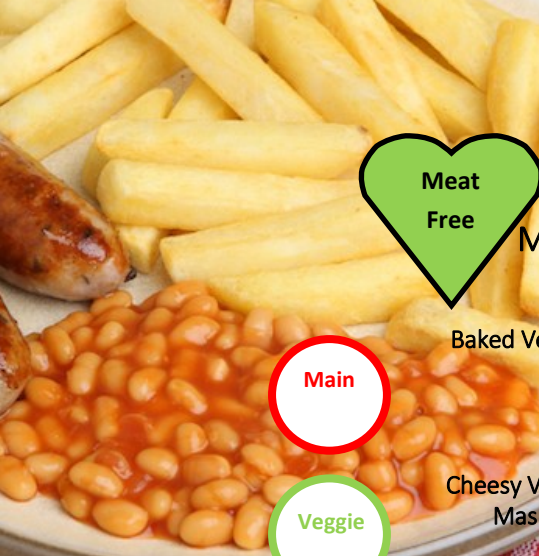
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Meat Free

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Veggie

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Side

Dessert

Ide Hill Primary School Menu for 27th January



MONDAY

Baked Veggie Korma with Rice
 Cheesy Vegetable Pie with Mash Topping (9)
 Pasta (1)
 Tomato Sauce
 Cheese (9)
 Pesto
 Broccoli and Carrots
 Apple and Berry Crumble with Custard (1,9)

TUESDAY

Beef Meatballs in a Herby Tomato Sauce and Spaghetti (1)
 Vegetable Moussaka (1,9,11)
 Baked Potato
 Three Bean Chilli
 Cheese (9)
 Baked Beans
 Peas and sweetcorn
 Chocolate Brownie Cookie (1,9)

WEDNESDAY

Roast Beef, Yorkshire Pudding & Gravy (1,9)
 Mushroom, Spinach and Cheese Wellington (1,9)
 Pasta (1)
 Tomato Sauce
 Cheese (9)
 Baked Beans
 Roast Potatoes, Fresh Carrots and Cauliflower (9)
 Pineapple Upside down cake with Custard (1,7,9)

THURSDAY

Chinese Style Chicken with Noodles and prawn Cracker (1,2,7,8)
 Homemade vegetable Spring Roll with Noodles(1,8)
 Baked Potato
 Tuna (4) and Sweetcorn
 Cheese (9)
 Baked Beans
 Cabbage and Green Beans
 Fruit and Jelly

FRIDAY

Fish Fingers with Potato wedges (1,4)
 Crispy Quorn Dippers (1)
 Pasta (1)
 Tomato Sauce
 Cheese (9)
 Baked Beans & sweetcorn
 Apricot Muffin (1,7)

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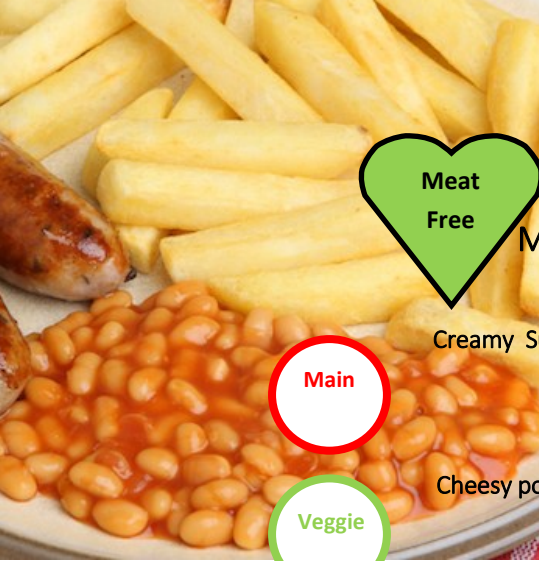
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Ide Hill Primary School Menu for 3rd February



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AVAILABLE DAILY

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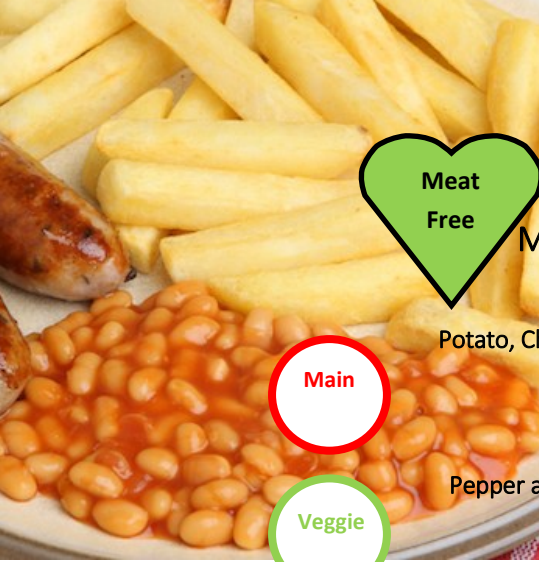
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Super Veg Spaghetti (1,9) GF	Beefburger in a bun (1,8,10,11,14) GF	Roast Pork with apple sauce	Spaghetti Carbonara with chicken and Garlic bread (1,9) GF	Breaded Fish with Chips(1,4) GF
Cheesy potato Bake Slice (9) VG GF	Vegetarian Burger in a bun(1) GF	Cheesy Roasted Vegetable Quesadiillas VG GF	Spring Vegetable Cottage Pie GF	Vegan Sausage Roll (1) and Chips VG GF
Baked Potato Three Bean Chilli Cheese (9) VG GF	Pasta (1) Pesto Cheese (9) GF	Baked Potato Tuna (4) and Sweetcorn Cheese (9) VG GF	Pasta (1) Tomato Sauce Cheese (9) GF	Baked Potato Tomato Sauce Cheese (9) VG GF
Green beans and sweetcorn	Fresh Broccoli and Peas	Roast Potatoes, Carrots and Cabbage	Sweet potato fries and Baked Beans	Peas and sweetcorn
Pear Sponge (1,7,)	Chocolate Cookie(1)	Fruit Crumble with Custard (1,9)	Fresh Fruit Salad Jelly and Mousse (1,9) VG	Lemon Drizzle Cake (1,7)



Ide Hill Primary School Menu for 10th February



MONDAY

Potato, Cheese and Spinach Wrap (1,9) **GF**

Pepper and Tomato Pasta Bake **VG GF**

Pasta (1)

Tomato Sauce

Cheese (9)

Baked Beans

Green beans and sweetcorn

Raspberry Ripple Mousse(1,9)

TUESDAY

Toad in the hole made with Pork Sausage with mash and gravy (1,7,9)

Vegetarian Toad in the hole with mash and gravy (1,7,9) **VG GF**

Baked Potato

Three Bean Chilli

Cheese (9)

Baked Beans

Green Beans and Sweetcorn

Choc Chip Muffin(1,9)

WEDNESDAY

Roast Roast Chicken, Pork Chipolata and Gravy (1)

Vegetable Pie topped with Filo Pastry **VG GF**

Pasta (1)

Pesto

Cheese (9)

Baked Beans

Roast Potatoes, Carrots and Cabbage

Cherry Sponge with Custard (1,9)

THURSDAY

Lasagne (1,9) made with beef mince **GF**

Vegetarian Lasagne (1,9) **GF**

Baked Potato

Tuna (4) and Sweetcorn

Cheese (9)

Baked Beans

Sweet potato fries and Baked Beans

Fresh Wedges and Jelly **VG**

FRIDAY

Chicken Dippers with Chips (1,4) **GF**

Quorn Dippers with Chips (1,9) **VG GF**

Pasta (1)

Tomato Sauce

Cheese (9)

Baked Beans

Peas and sweetcorn

Doughnuts (1,7,8,9,14)

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